

Attend the Know Your Numbers Event

Don't leave good health to chance. Sign up for a biometric screening!



This biometric screening is available to adults enrolled in the State of Wisconsin group health insurance program as part of the \$150* Well Wisconsin incentive.

Fasting (8-12 hours prior to the screening) is not required for screening participation, but may provide more accurate results.

Your no cost screening will measure:

- Body mass index
- Blood pressure
- Glucose
- Cholesterol
- Waist Measurement
- Health Coaching

Wednesday, October 21st, 2015

9:00 AM-1:00 PM

Monona Terrace, 1 John Nolen Drive, Madison, WI

Meeting Room M-R

Visit wellwisconsin.wi.gov to register or for more information

To register by phone contact Optum at 877-818-5826.

* At this time, Humana Medicare Advantage members are not eligible to receive the \$150 incentive.

* Health plan issued rewards are considered a fringe benefit of employment and must be treated as taxable income by the primary subscriber's employer. Your health plan is required to report payment information for the subscriber and enrolled family member to the subscriber's employer. Individual health information will never be shared with the employer.

This event is operated by Optum, a health and well-being company that provides information and support as part of your health plan. Services are provided by Wellness, Inc., an affiliate of Optum, or other partner.

Participation in this Know Your Numbers event is strictly voluntary and is not a substitute for your doctor's care. This event and your screening results are provided for informational purposes only and are not intended to diagnose problems or provide specific treatment recommendations.

Your screening results will be kept confidential in accordance with the law, and with your consent, will be shared with your health plan for administration of your wellness programing and other health plan activities.